



THE BOOK OF

# ROMANS



Swimming Upstream

Love<sup>the</sup> Lord<sup>your</sup> God  
with all your heart & with all your  
soul & with all your strength  
& with all your mind; & Love  
<sup>your</sup> neighbor<sup>as</sup> yourself. Luke 10:27

GETTING UP IN THE  
MORNING IS A CASE  
OF  
MIND OVER MATTRESS !!



Tom Wilson

# kairos καιρός

(n.) the perfect, delicate, crucial moment;  
the fleeting rightness of time and place  
that create the opportune atmosphere for  
action, words, or movement

But put on the Lord Jesus Christ, and make no  
provision for the flesh in regard to its lust

Romans 13:14



# Put on the Lord Jesus Christ

- His Holiness
- His Beauty
- His Humility
- His Purity
- His Compassion
- His Wisdom
- His Forgiveness
- His Righteousness
- His Zeal
- His Patience
- His Faith, His Love
- His Words
- His Peace within
- His Hope, and give it away









***T**he hour has already come for you to  
wake up from your slumber,*



*because our salvation is  
nearer now than when we first believed.*

Romans 13:11

